A review of the genetics of Dravet syndrome (severe myoclonic epilepsy of infancy, SMEI) finds a genetic etiology and SCN1A mutations in 70% - 80% of patients; in 20% the cause is unknown. Are SCN1A gene abnormalities essential for the diagnosis of Dravet syndrome, or are other genes sometimes involved? (Marini C et al. Epilepsia 2011;52 (Suppl 2):24-29). Five alleged cases of pertussis vaccine encephalopathy were rediagnosed years later as Dravet syndrome, testing positive for SCN1A mutations. (Reyes IS et al. Pediatrics 2011;128(3):e699-e702). More frequent SCN1A genetic testing in infants with refractory myoclonic seizures should lead to earlier diagnosis and more effective treatment of Dravet syndrome cases.

COPY NUMBER VARIANTS IN EPILEPTIC ENCEPHALOPATHY

An international group of investigators at University of Washington, Seattle, USA, and various centers in Australia, New Zealand, Canada, and Israel evaluated 315 patients with epileptic encephalopathies for rare copy number variants (CNVs) using a whole-genome oligonucleotide array. Twenty five (7.9%) patients carried rare CNVs thought to contribute to their phenotype, one half being pathogenic. Several novel candidate genes for epilepsy were uncovered. Array comparative genomic hybridization (CGH) should be considered in the genetic evaluation of patients with epileptic encephalopathy characterized by severe epilepsy and cognitive regression. (Mefford HC, Yendle SC, Hsu C, et al. Rare copy number variants are an important cause of epileptic encephalopathies. Ann Neurol Dec 2011;70:974-985). (Respond: Dr Heather C Mefford, 1959 NE Pacific St, Box 356320, Seattle, WA. E-mail: hmefford@u.washington.edu).

COMMENT. Epileptic encephalopathies (EEs) are severe epilepsies in which the epilepsy activity contributes to cognitive impairment or regression and poor outcome. Most EEs begin in infancy or childhood, often associated with normal development initially and with subsequent cognitive decline. These cases differ from those epilepsies with static intellectual disability. Copy number variants are an important source of gene mutation in neurocognitive disorders and the epilepsies.

The gene content of copy number variants found in 11 subjects with infantile spasms was involved in abnormalities of ventral forebrain development and pathways of synaptic function (Paciorkowski AR et al. Eur J Hum Genet 2011;19(12):1238-1245).

EPILEPTIC ENCEPHALOPATHIES, CDKL5 MUTATIONS, AND INFANTILE SPASMS

Researchers at the Mayo Clinic, Rochester, MN performed retrospective chart reviews of 6 children with epilepsy and CDKL5 mutations. Four were girls and 2 boys. All developed infantile spasms after the majority (4/6, 67%) presented with partial-onset seizures. Five had dysphagia, profound in 4. The EEG revealed hypsarrhythmia in 3 children and modified hypsarrhythmia in 2. Mean age of seizure onset was 1.8 months (range, 1-3 months). Four had hypotonia, and all had developmental delay and cortical visual impairment. Topiramate, vigabatrin, and the ketogenic diet were of most benefit, but all had refractory seizures at follow-up. Steroids or ACTH were used in 4 patients, without complete seizure control. Boys and girls were affected equally, despite the X-
linked mutation involved. Screening for CDKL5 mutations is recommended in children with epileptic encephalopathies of unknown origin and infantile spasms. (Moseley BD, Dhamija R, Wirrell EC, Nickel KC. Pediatr Neurol February 2012;46:101-105), (Response: Dr Moseley, Department of Neurology, Mayo Clinic, 200 First Street Southwest, Rochester, MN 55905. E-mail: moseley.brian@mayo.edu).

COMMENT. The authors list several genetic defects that predispose children to early-onset epileptic encephalopathies and infantile spasms, previously considered cryptogenic. The CDKL5 mutations are thought to influence brain development via a similar molecular pathway to MECP2, the mutation that causes the majority of Rett syndrome cases. However, none of the authors’ CDKL5 cases demonstrate the typical Rett syndrome-like phenotype with hand stereotypies, and only 1 has a characteristic microcephaly. Seizures with CDKL5 mutations are refractory to treatment including the ketogenic diet, whereas the majority (56%) of children with Rett syndrome and MECP2 mutations have treatment-responsive seizures. (Krajnc N et al. J Child Neurol 2011;26:1429-1433). The authors’ suggestion that acidosis is a possible mechanism of the ketogenic diet is contrary to earlier research conducted at the Mayo Clinic (Millichap JG et al. Amer J Dis Child 1962;107:593-604, and idem Epilepsia 1964;5:239-255).

KCNQ2 Encephalopathy, an emerging phenotype of a neonatal epileptic encephalopathy is reported in 8 patients with early onset intractable seizures (first week of life) with prominent tonic component. (Weckhuysen S, Mandelstam S, Suls A, et al. Ann Neurol January 2012;71:15-25). Seizures resolved by 3 years but residual intellectual disability and motor impairment were severe. EEG at onset showed a burst-suppression pattern or multifocal epileptiform activity. Early brain MRI showed hyperintensities in basal ganglia and thalamus that later resolved. KCNQ2 screening should be considered in the workup of refractory neonatal seizures of unknown origin.

HASHIMOTO ENCEPHALOPATHY AND STATUS EPILEPTICUS

A 12-year-old boy with Hashimoto encephalopathy and drug-resistant status epilepticus responsive to plasmapheresis is reported from Ankara University Medical School, Turkey. He was admitted with a right focal seizure, becoming secondary generalized tonic-clonic, refractory to treatment and necessitating a pentobarbital-induced coma. Recent history revealed a sudden change in personality, fever, headache, and fatigue, indicating limbic encephalitis. Serum anti-thyroid peroxidase antibody was elevated at 30 IU/ml (normal range, 0-9 IU/ml). Treatment with iv immunoglobulin was ineffective, and plasmapheresis was performed, followed by levothyroxine and oral prednisolone (2 mg/kg/day). The neurologic and psychiatric manifestations (orofacial dyskinesia, autonomic instability, emotional lability, and personality changes) decreased after the eighth plasmapheresis, and his examination was normal after 2 months. He was discharged taking prednisolone (1 mg/kg/day), levothyroxine, and antiepileptic drugs. (Bektas O, Yilmaz A, Kendirli T, Siklar Z, Deda G. Hashimoto encephalopathy causing drug-resistant status epilepticus treated with plasmapheresis. Pediatr Neurol February 2012;46:132-135),(Respond: Dr Bektas, Department of Pediatric Neurology, Ankara University Medical School, Ankara, Turkey. E-mail: bektasomer@gmail.com).