COMMENT. Instruction in cognitive behavior therapy (CBT) fails to augment benefits of medication management of OCD whereas the addition of CBT training sessions to medication treatment is associated with a significant improvement in response. The authors advocate dissemination of CBT into community settings beyond the academic context so that children affected may benefit from the combined SRI and CBT treatment for OCD. A familial association of OCD, ADHD and Tourette syndromes suggests an overlapping neurobiology (O’Rourke JA et al. Am J Med Genet B Neuropsychiatr Genet 2011;156(5):553-560).

CNS TUMORS

BIRTH ANOMALIES AND RISK OF CHILDHOOD CNS TUMORS

Researchers at Departments of Neurology, Pediatrics and Neurosurgery, Stanford University, CA linked 3733 patients aged 0 to 14 years with CNS tumors listed in the California Registry to a California birth certificate. Odds ratios for reported birth defect and history of pregnancy losses were calculated using logistic regression and adjusted for race, maternal age, birth weight, and birth order. Mothers with – or >2 fetal losses after 20 weeks’ gestation had a 3-fold risk of offspring with CNS tumors and a 14-fold risk of high-grade glioma. Children with congenital birth defects had an increased risk of the CNS cancers medulloblastoma, primitive neuroectodermal tumor and germ cell tumors, tumors that tend to arise in the midline. Among tumor types in case patients, gliomas were most frequent (57%): 1380 cases were low-grade gliomas and 757 were high-grade. Embryonal (889 [24%]) and ependymoma (292 [8%]) were less frequent. Choroid plexus tumors (2%) and craniopharyngiomas (0.5%) were rare. Previous pregnancy losses and birth defects may be surrogate markers for gene defects in developmental pathways that lead to CNS tumorigenesis. (Partap S, MacLean J, Von Behren J, Reynolds P, Fisher PG. Birth anomalies and obstetric history as risks for childhood tumors of the central nervous system. Pediatrics Sept 2011;128:e652-e657). (Respond: Sonia Partap MD MS, Division of Child Neurology, Stanford University, 750 Welch Rd, Suite 317, Palo Alto, CA 94304. E-mail: spartap@stanford.edu).

COMMENT. In this population-based case-control study, mothers who have already lost –or>2 fetuses after 20 weeks’ gestation have a significant risk of CNS tumors in their offspring, and children with birth defects are also at increased risk, especially of midline CNS tumors.

SLEEP DISORDERS

NARCOLEPSY AND 2009 H1N1 PANDEMIC IN CHINA

Onset of narcolepsy in China (1998-2010) is seasonal, with a 6.7-fold increase from November (least frequent) to April (peak frequency). A 3-fold increase followed the 2009 H1N1 winter influenza pandemic, and this correlation was independent of vaccination. (Han F, Lin L, Warby SC, et al. Ann Neurol 2011;70:410-417). (Respond: Dr Han. E-mail: hanfang1@hotmail.com; or Dr Mignot: mignot@stanford.edu).